

### **32<sup>nd</sup> Episode – Your life is desire**

Following 31<sup>st</sup> episode of “Akash” towards Maha Kumbhabhisekam of Panching Gua Charas Jalalingeswarar Shivan temple, with good intention and thoughts for all devotees, the following write-up is prepared.

As discussed in the previous 31<sup>st</sup> episode, we looked at significance of Akash. Unquote “So, to get the cooperation of the akash, there is one simple process we could do. After sunrise, before the sun crosses the 30-degree angle from the horizon, look up at the sky once and bow down to it for holding you in place today. After the sun crosses 30 degrees, sometime during the day, any time, look up and bow down again. After the sun sets, once again look up and bow down; not to some god up there, just to the empty space for holding you in place for today. If we just do this, life will change dramatically. If we consciously do this three times a day, if we get cooperation from akash, life will happen in magical ways and overcome any issues which may surround us, knowingly or unknowingly”. Unquote.

In 31<sup>st</sup> episode, we also wrote that we will share 9 different episodes in month of April which eventually end at episode 39. However, following the postponement of Maha Kumbhabhisekam to 2021, we decided to issue one episode each month following May 2020 onwards. I am writing to you on this very special day 27<sup>th</sup> May 2020, whereby our Gurukul completed 12<sup>th</sup> Annual Maha Kumbhabhisekam and all of us were blessed to see the photos via Shivan Group in “whats-app” application.

In this episode we will look at details of desire (i.e. **Your life is desire** as rightly pointed out by Sadhguru). Often there are misperception to attain spirituality one has to give up desires.

Very often we make a statement in the question that “desire is the source of all misery”. **Desire is not** the source of all misery; **unfulfilled desire is** the source of all misery. Desires fulfilled are the source of your joy, unfulfilled desires are the source of your misery. Now, what to do with the desire? Shall we kill the desire?

As mentioned earlier, we have come across teachings such things, “You must kill all your desires. Unless you destroy your desires, your misery will not go.” These teachings have come to you, isn’t it? Now, if you want to destroy all your desires, all you will have is, you will have a great desire to destroy all your desires. And you will remain eternally unfulfilled. “I don’t want any desires!” is this a desire? Is this a desire or no? Yes.

So, if you try to play tricks with this, it is not going to work. Because desire is not desiring for anything in particular. **The energy which you call as desire is not different from the energy that you call as life.** If you want to move from point A to point B, you need a desire, isn’t it? Now what brought you to temple today, it is not your bus or car or something else. It is your desire which has brought you to temple today, isn’t it? What is it that will take you home? It is your desire that will take you home. What is it that will make you eat? It is your desire which will make you eat.

So, what you call as desire is not different from what you call as life. **Your life is desire.** The very basis of your life is desire, isn’t it? So, if I tell you “Kill the desire”, the only way is to hang yourself. There is really no other way. Now, “I want to die”, that is also a desire, isn’t it? Yes or no? So do not deceive yourself with these things. **Desire is the very essence of your life.** But at the same time, you also know that desire is an unending thing. If you fulfil one, the next one will be ready. If you fulfil that, the next one will be ready. It keeps you on all the time. And obviously some desires will be unfulfilled and those unfulfilled desires cause much misery to you.

If you look at the desire, actually when we started, this is what we were looking at, we just did not use the word “desire”. There is something within you longing to be little more than what you are right now. That is desire. So, your **desire’s ultimate goal is unboundedness, the infinite nature.** But because you’re unaware, you are giving it an **unconscious expression** for the longing that is wanting to become unbounded. So, you don’t have to destroy your desire, because you cannot. Can anybody destroy their desire? Is it possible? **There is no way because that’s life.** It is just that **you have to make your desire into a conscious process.** Right now, **it is functioning unconsciously** because right now your **desire is not even about you.** Please look at this. Right now, you’re living in Malaysia, your neighbour has a big car, what is your desire? You want to have two cars like that. Now you don’t

know all these cars, you are living in a remote place and your neighbour has one big buffalo. What is your desire? You want to have two buffaloes like that. So, your desire is just a reaction to the social situations in which you're living, isn't it? This is so because this longing to expand is finding unconscious expression.

This is the same question which I have given or shared with all devotees – **“How much is enough”**, probably about a year or so. I am not sure how many of you actually realized my question consciously when I received reply from each of you.

**If you make your process of desiring into a conscious process, then desire is no more a problem.** Then desire is a wonderful vehicle which will take you places. Even if you want to reach the ultimate you need a desire, isn't it? Yes or no? Anyway, the desire in you is longing for unboundedness, it is longing for unlimitedness, **it is longing for the ultimate nature.** You just have to bring awareness to it. If you bring awareness to your desiring process, it is a wonderful instrument. If it is finding unconscious expression, then it makes you run like madman. All the time it keeps you running endlessly.

You must become conscious. It's very, very important and life will be ultimate ecstasy when you perform all your desires consciously.

Shiva Shambo  
Om Nama Siva Ya Om  
Help Ever Hurt Never  
Service to Society is Service to Almighty  
Master Ir. Sivabalan - Temple Trustee  
27<sup>th</sup> May 2020