

27th Episode – Overcoming Invisible Adversary & Bhairavi Prathana

Following 26th episode of “Ganesha” towards Maha Kumbhabhisekam of Panching Gua Charas Jalalingeswarar Shivan temple, with good intention and thoughts for all devotees, the following write-up is prepared.

As discussed in the previous 26th episode, we looked at the significance of Lord Ganesha. Unquote “Ganesha sits in the muladhara chakra, at the base of the spinal cord and facilitates the spiritual progress of human beings. Sitting in the muladhara chakra he serves as the gateway to the higher chakras and higher planes of consciousness. Ganesha is a lovable and affable god, who is easily accessible through prayers, meditation and contemplation. He is easy to please and approach because he is residing in the subtle world closer to our earth plane (physical body) and serves as a connecting link between this world and the higher. According to Shakti Tantra, there are as many Ganesha’s in the creation as there the letters of the alphabet. This suggests that Ganesha exists in various planes and worlds as the head of the ganas or groups of entities to guide them and lead them towards Siva, the primordial being”, Unquote.

In this 27th episode, we will look at how to overcome invisible adversary such as COVID19 and Bhairavi Prathana.

It is inevitable, to note that, there are times where inaction becomes more significant than action. This is a time like that. The less you do, the better – in terms of work, and especially in terms of travel. As for COVID19, human beings are the carriers. This is the time to sit back, look at our lives, reflect, strategize the trajectory of what we want our life to be, and above all, realize the fragile nature of our existence.

Most human beings do not understand this on a day-to-day basis. Our life is very fragile – a microscopic virus can kill us. This is the time to sit back, look at our lives, reflect, strategize the trajectory of what we want our life to be, and above all, realize the fragile nature of our existence. The **adversaries** that we are **facing** are **invisible**. That is what makes them so dangerous. Because we are the carriers, if it is going from one person to another, we need to understand that if one person is missing in between, it will not go to the next person. Now we must learn how to be without much to do. And above all, those who had no time to do Yoga, here it is. If you could not close your eyes and meditate because you were busy, here you are. This is the time to close your eyes and sit. As explained in 2nd Episode (e.g. *Understanding of wonderful aspect being a Human Being*) there are simple 8 steps that each of us can follow.

This is a reality check for all of us. The fragile life that we are, have we organized ourselves to understand and live here, knowing how fragile and transient our life is. Let us make use of this. **If you could not enlighten yourself by yourself, at least use the virus.** It is making you **realize** – just like that, someone might **sneeze** and **you will die**. It is a good lesson and a good reminder. This is not a time to be panicky, but we need to be precautious.

There is no need to cause too much panic about it. There is a difference between being precautious and panicky – panicky means you will do all the wrong things; precautious means you do the right things. The simplest thing you can do is to stay away from everyone. Keep your outside activities to a minimum. This is not the time to travel the world. As many of you have been so busy you could not meditate now is the time. You can use the time you have to build yourself up. We cannot decide what life throws at us, but what we make out of it is hundred percent ours. We cannot decide what life throws at us, but what we make out of it is hundred percent ours. Right now, for some reason, nature has thrown a deadly virus at us. Let us make the best out of it. It will go. Whether the summer will kill it, it will die by itself, or go some other way, we do not know. **But it will not last forever.** In the meantime, because it is an invisible enemy, we just bow our heads and sit around for some time. Let it pass. If it was a big giant, we would have fought it. Because the virus needs us for transportation, all we need to do right now is not provide the transportation. You must make this commitment. That way, you will ensure that you will not be the carrier who gives the virus to another human being. If the virus comes to you, it must stop with you. You must take care of this.

Following the precautions announced by Malaysian government and across the world, we have closed down Jalalingam Temple for all devotees until 31st March 2020 and to follow suit further ruling, if any, from Malaysian government. The official message has all been sent by Temple President Mr. K.Balakrishnan on 17th March 2020.

Scientific predictions talk about life cycles of the virus, and how that plays out. Whether it will settle before the 15th of April or not depends on whether we go by the directives or we get tired of the virus precautions and go about our business as usual, which would have an enormous cost. When life around you are in crisis, then your intelligence, your physical health, your sense of balance, your wisdom, everything is of utmost value. When we face a struggle like this one, **this is the time to turn inward**. Hence in this time, it is important for us to chant the simple **Bhairavi Prathana** and be meditative.

One who earns the grace of *Bhairavi*, **neither has to live in concern or fear of life or death or failure, all that a human being considers as wellbeing will be his, if only he earns the grace of Bhairavi.**

Mahadevi, maheshwari,
Raathrini, dayasagari,
Mahadevi, someshwari,
Raathrini, anandasagari,
Mahadevi, yogeswari,
Raathrini, lingabhairavi.
Om Shanti Shanti Shanti

<https://www.youtube.com/watch?v=PfR4ulw-QyY>

Shiva Shambo
Om Nama Siva Ya Om
Help Ever Hurt Never
Service to Society is Service to Almighty
Master Ir. Sivabalan - Temple Trustee
24th March 2020