

20th Episode – Bhairavi and Yantra

Following 19th episode of “*Rasa - Mercury*” towards Maha Kumbhabhisekam of Panching Gua Charas Jalalingeswarar Shivan temple, with good intention and thoughts for all devotees, the following write-up is prepared.

As discussed in the previous 19th episode, we looked at the details of *Rasa - Mercury*. Quote “The science of working with minerals is named after Rasa (mercury). This is because mercury is considered to be a very powerful medicine. When mercury is properly prepared, it balances all three doshas (humours of the body), has a soothing effect on the body, prevents disease and old age. It nourishes all the vital parts of the body and increases the strength of the eyes. It is a vrisya (aphrodisiac), balya (tonic), snigdha (anointing), rasayana (rejuvenative), vrana sodhana and ropana (wound cleaner and healer), and krimighna (antimicrobial). When it is compounded with any herb it heightens the medicinal properties. **Mercury is said to give a firm physique, a stable mind, and to be the best destroyer of disease**” Unquote.

In this 20th episode, we look details of Bhairavi and yantra. First of all let us understand what Bhairavi means and what she represents and finally how she resides with abundance of love and energy in Jalalagam Temple.

The name Bhairavi means “*Terror*” or “*awe-inspiring*”. She is the fifth of ten Mahavidyas. She is also called *Tripurabhairavi*. “Tri” means three, “Pura” means fortress, castle, city, town, etc. **Tripura** convey **three** different **stages of consciousness** i.e. **active, dream and deep sleep**. She is in the form of all triads and once these triads are transcended, the Brahman is attained.

In other words, once we **have her grace, we can realize Shiva consciousness**. Hence, she is called *Tripurabhairavi*. Her dhyana shloka in the Devi Mahatmya describes her form. She is seated on a lotus with four hands, one with a book, one with rosary beads, one with abhaya mudra and another with varada mudra. She wears red garments and wears a garland of severed heads around her neck. She has three eyes and her head is adorned with a crescent moon. In another form she is carrying a sword and a cup containing blood and other two hands showing abhaya and varada mudras. She is also depicted as sitting on Shiva, which is more predominant in tantric worship. She is also depicted as a queen, closely resembling Rajarajeswari.

Tripurabhairavi is set to be residing in muladhara chakra. Her mantra consists of three letters and they all form an **inverted triangle** in the centre of **muladhara chakra**. She is the creator in **muladhara chakra** in the form of **kamarupa**, which consists of three dots forming an inverted triangle, from which all triads are born, which ultimately leads to the creation of this universe. The innermost triangle of muladhara chakra is known as **kamarupa**.

The three points of triangle have three bijaksara's (sacred letters) and the three bijaksara's connected to each other by the sides of the triangle and each of these sides represent iccha sakthi (will power), jnana sakthi (knowledge power) and kriya sakti (completed action) or the Divine will, Divine knowledge and Divine action. Tripura Sundari and Tripura Bhairavi are closely associated but different. Tripura Bhairavi is posited as the latent energy whereas Tripura Sundari who causes this latent energy to actualize and moves this energy upwards towards higher chakra's till Sahasrara Chakra. The Bhairavi Yantra is shown on figure below.



Now let's look at the importance of feminine role in our lives. Allowing the feminine to find its place in any society is very important. If just masculine finds expression, we will have enough to eat, but we will have no life to live. If you want to use analogies, if you call the root the masculine, the flower and the fruit is feminine. The very purpose of the root is to bring the flower and the fruit. If that does not happen, the root will go waste.

India is still the only country where the worship of the feminine is a live process. Even today in South India, there isn't a single village without a goddess of their own. Similarly, in our Jalalingam temple we have consecrated Amman – Thailnayaki, which you may have observed. She sits facing south towards Jalalingam. At the same time, as explained in 5th episode, within Jalalingam temple, majestically self-formed Guru Linga also co-exists in our temple.

The Guru Linga is like womb; it is the yoni of the Devi. When we say yoni, it is importance for us to understand the word yoni is describing a womb. In Sanskrit language and most indigenous languages, there is no equivalent word for vagina. It is only when somebody's intelligence gets hijacked by his hormones and he starts thinking sexually, that he thinks of a vagina as a separate part. Otherwise, yoni means womb, it was seen as a sacred space that all of us have to inhabit in the most crucial part of our making, when we having nothing in our hands. At that time, when everything is in the hands of nature, that space protects us and makes us. So, this was held as the most sacred space. Always, in the **Shakti and Shiva principle**, wherever **linga and yoni are presented**, it is the inside of the womb that you are seeing. That is why the female part, the avudaiyar, is at the base and the linga is inside.

It is indeed very rare to see Linga Bhairavi anywhere in the world. One that exist now are located at Isha Centre in Coimbatore. Linga Bhairavi is a very powerful, fierce feminine form. Linga Bhairavi is a big-fire woman, not a small-fire woman. She is not a doll, she is not a man, she is feminine to the core. Dhyanalina (which is also located in Isha Centre in Coimbatore) is more oriented towards your ultimate wellbeing. Immediate wellbeing is also packed into it, but for people who are seeking health, prosperity, and these kind of things, Linga Bhairavi will be far more responsive. But she also has the spiritual dimension attached. If you give yourself deeply into the process, even if you went there in search of material wellbeing, slowly she will take you into that.

Now you may be wondering, how and what this got to do with our Jalalingam temple. As mentioned about we have the ultimate feminine energy consecrated – which is Amman in the form of Thailnayaki as well as naturally normal Bhairavi in the form of Shiva (Guru Linga) Sakthi (Maha Rudra Kali). Details of Guru Linga was explained in the 5th episode previously. When time comes, more details will be shared to all devotees accordingly on self-formed Shiva Sakthi.

As shown above now let's look at details of Bhairavi Yantra. Before going into any further details lets look at what exactly is a yantra?

A yantra literally means a machine. A machine is a combination of very purposeful forms. For example, a computer is a product of our minds, but still, if we are asked to multiply 1736 with 13,343, we reach for a calculator – a yantra. It is not that the calculation is not possible in the mind, but this purposeful form or yantra allows us to use our body in a much better way. Even though you already have the body – the most sophisticated yantra – with you, it is possible to perform different types of activities better with specific machines for those activities. The process of building temples was fundamentally to create a powerful yantra for everyone. But maintaining many public spaces has become difficult in today's world, so more private things are being created.

Yantras are tools to enhance our life in different dimensions. They are made for specific purposes and different types of yantras reverberate in different ways. Looking at the kind of energy that is to be created, we can create that kind of yantra. The most **basic yantra is a simple triangle**. An upward facing triangle is one kind of yantra, a downward facing triangle is another kind. You can mix them in many ways and make a variety of yantras.

Whatever you do, you can do it much **better with the assistance of the Bhairavi Yantra**. It is for those who are actively involved in businesses, careers and family life, and want to do many things in the world. For example, the Bhairavi Yantra is meant for the enhancement of one's wellbeing. Whatever you do, you can do it much better with the assistance of the Bhairavi Yantra. It is a very

powerful, personalized tool that creates a certain space and an atmosphere so that your wellbeing is naturally taken care of. It is for those who are actively involved in businesses, careers and family life, and want to do many things in the world.

One of the main things that does not allow a human being to find his full potential is friction. Friction need not necessarily mean that you get into a fight with someone. But when you try to be active in a big way, it builds up around you. How low friction levels are kept determines how far you will endure. If friction increases, you will want to stay away from activity, or you will get into one big mess. It does not matter how important a certain goal is for you, if friction happens every day when you step out and try to do something, you will slowly develop an aversion to that very dear goal of yours. Bhairavi Yantra are for those who want to lubricate their actions with the Grace of the Devi so that you can take up things and not get into friction. Her Grace will take care of that.

Shiva Shambo
Om Nama Siva Ya Om
Help Ever Hurt Never
Service to Society is Service to Almighty
Master Ir. Sivabalan - Temple Trustee
28th Feb 2020