

## 15<sup>th</sup> Episode – Nirvana Shatakam

Following 14<sup>th</sup> episode of “Mahakala” towards Maha Kumbhabhisekam of Panching Gua Charas Jalalingeswarar Shivan temple, with good intention and thoughts for all devotees, the following write-up is prepared.

As discussed in the previous 14<sup>th</sup> episode, Quote “The Nirvana Shatakam is towards this – you don’t want to be either this or that. If you don’t want to be this nor that, then what do you want to be? Your mind cannot understand this because your mind always wants to be something. If one says, “I don’t want to be this; I don’t want to be that,” you would think, “Oh something super!” Not super. “Oh, so emptiness?” Not emptiness. “Nothingness?” Not nothingness. That’s what is being conveyed through this chant. Niravana Shatakam which was given to us by Adi Shankaracharya over a thousand years ago, is one of the most well-known among Sankrit chants” Unquote.

In this 15<sup>th</sup> episode, we get to know Nirvana Shatakam mantra and its meaning.

mano buddhi ahankara chittani naaham  
na cha shrotravjihve na cha ghraana netre  
na cha vyoma bhumir na tejo na vaayuhu  
chidananda rupah shivo'ham shivo'ham

I am not the mind, the intellect, the ego or the memory,  
I am not the ears, the skin, the nose or the eyes,  
I am not space, not earth, not fire, water or wind,  
I am the form of consciousness and bliss,  
I am the eternal Shiva...

na cha prana sangyo na vai pancha vayuhu  
na va sapta dhatur na va pancha kosha  
na vak pani-padam na chopastha payu  
chidananda rupah shivo'ham shivo'ham

I am not the breath, nor the five elements,  
I am not matter, nor the 5 sheaths of consciousness  
Nor am I the speech, the hands, or the feet,  
I am the form of consciousness and bliss,  
I am the eternal Shiva...

na me dvesha ragau na me lobha mohau  
na me vai mado naiva matsarya bhavaha  
na dharmo na chartho na kamo na mokshaha  
chidananda rupah shivo'ham shivo'ham

There is no like or dislike in me, no greed or delusion,  
I know not pride or jealousy,  
I have no duty, no desire for wealth, lust or liberation,  
I am the form of consciousness and bliss,  
I am the eternal Shiva...

na punyam na papam na saukhyam na dukkham  
na mantr na tirtham na veda na yajnah  
aham bhojanam naiva bhojyam na bhokta  
chidananda rupah shivo'ham shivo'ham  
No virtue or vice, no pleasure or pain,

I need no mantras, no pilgrimage, no scriptures or rituals,  
I am not the experienced, nor the experience itself,  
I am the form of consciousness and bliss,  
I am the eternal Shiva...

na me mrtyu shanka na mejati bhedaha  
pita naiva me naiva mataa na janmaha  
na bandhur na mitram gurur naiva shishyaha  
chidananda rupah shivo'ham shivo'ham

I have no fear of death, no caste or creed,  
I have no father, no mother, for I was never born,  
I am not a relative, nor a friend, nor a teacher nor a student,  
I am the form of consciousness and bliss,  
I am the eternal Shiva...

aham nirvikalpo nirakara rupo  
vibhut vatcha sarvatra sarvendriyanam  
na cha sangatham naiva muktir na meyaha  
chidananda rupah shivo'ham shivo'ham

I am devoid of duality, my form is formlessness,  
I exist everywhere, pervading all senses,  
I am neither attached, neither free nor captive,  
I am the form of consciousness and bliss,  
I am the eternal Shiva...

Shiva Shambo  
Om Nama Siva Ya Om  
Help Ever Hurt Never  
Service to Society is Service to Almighty  
Master Ir. Sivabalan - Temple Trustee  
10<sup>th</sup> Feb 2020