

13th Episode – Rudraksha

Following 12th episode of “Nandi is all about sitting active, full of alertness, full of life”, towards Maha Kumbhabhisekam of Panching Gua Charas Jalalingeswarar Shivan temple, with good intention and thoughts for all devotees, the following write-up is prepared.

As discussed in the previous 12th episode, Quote “The closer **you go to a temple**; you need to have quality like Nandi. You are not trying to go to heaven. You are not trying to get this or that. **You simply sit**”. Unquote.

In month of February we will share 9 different episodes which eventually end at episode 21. As such, in this 13th episode, we will look into significance of Rudraksha.

First and foremost, lets understand what is Rudraksha. The word Rudraksha (*Botanical name: Elaeocarpus Angustifolius*) is derived from the word Rudra (Shiva) and aksha (eyes). Ancient spiritual texts like the Shiva Purana and the Devi Bhagwatam are replete with the numerous therapeutic properties and the spiritual significance of these herbal beads. Rudraksha beads work on different chakras of the body and when strung according to this therapy, they start cleansing the chakras in a very short duration. From regulating blood pressure, to treating skin problems, backache, headache, psychiatric cases and providing relief from tension, phobia and insomnia and giving success in business, educations and relationships they have an admirable success rate.

Rudraksha beads range from 1 Mukhi to 21 Mukhi, each bead capable of aligning our mind and the energy around us to specific outcomes in health, happiness, spiritual upliftment, prosperity, creativity, intuitive ability, material fulfilment, family harmony, attraction, self-empowerment and a fearless life. As mentioned Rudraksha commonly come from 1 to 21 Mukhis, but Rudraksha of 1 of 14 Mukhis are commonly found. Rudraksha beads from 15 Mukhis to 21 Mukhis are rarer and mukhis above that are found in very few numbers every year. Of all these, 4, 5 and 6 Mukhi Rudraksha beads are found easily and abundantly. Lets look at the basic information of the Rudraksha's.

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| 1) 1 mukhi | a. Ruling God – Kartikeya |
| a. Ruling God – Shiva | b. Ruling Planet – Mars |
| b. Ruling Planet – All | c. Beeja Mantra – Om Hreem Hoom Namah |
| c. Beeja Mantra – Om Nama Shivaya | |
| 2) 2 mukhi | 7) 7 mukhi |
| a. Ruling God – Ardhanareshwara | a. Ruling God – Laxmi |
| b. Ruling Planet – Moon | b. Ruling Planet – Venus |
| c. Beeja Mantra – Om Namah | c. Beeja Mantra – Om Hoom Namah |
| 3) 3 mukhi | 8) 8 mukhi |
| a. Ruling God – Agni | a. Ruling God – Ganesh |
| b. Ruling planet – Sun | b. Ruling Planet – Ketu |
| c. Beeja Mantra – Om Kleem Namah | c. Beeja Mantra – Om Hoom Namah |
| 4) 4 mukhi | 9) 9 mukhi |
| a. Ruling God – Brahaspati | a. Ruling God – Durga |
| b. Ruling planet – Jupiter | b. Ruling Planet – Rahu |
| c. Beeja Mantra – Om Hreem Namah | c. Beeja Mantra – Om Hreem Hoom Namah |
| 5) 5 mukhi | 10) 10 mukhi |
| a. Ruling God – Rudra Kalagni | a. Ruling God – Krishna |
| b. Ruling planet – Jupiter | b. Ruling Planet – All |
| c. Beeja Mantra – Om Hreem Namah | c. Beeja Mantra – Om Hreem Namah Namah |
| 6) 6 mukhi | 11) 11 mukhi |

- a. Ruling God – 11 Rudras
 - b. Ruling Planet – All
 - c. Beeja Mantra – Om Hreem Hoom Namah
- 12) 12 mukhi
- a. Ruling God – Sun
 - b. Ruling Planet – Sun
 - c. Beeja Mantra – Om Kraum Ksaum Raum Namah
- 13) 13 mukhi
- a. Ruling God – Kamadeva
 - b. Ruling Planet – Venus
 - c. Beeja Mantra – Om Hreem Namah
- 14) 14 mukhi
- a. Ruling God – Hanuman
 - b. Ruling Planet – Mars
 - c. Beeja Mantra – Om Namah
- 15) 15 mukhi
- a. Ruling God – Lord Pashupatinath
 - b. Ruling Planet – Mercury
 - c. Beeja Mantra – Om Hreem Namah
- 16) 16 mukhi
- a. Ruling God – Mahamrityunjaya Shiva
 - b. Ruling Planet – Moon
 - c. Beeja Mantra – Om Hreem Hoom Namah
- 17) 17 mukhi
- a. Ruling God – Katyayani Devi
 - b. Ruling Planet – Saturn
 - c. Beeja Mantra – Om Hreem Hoom Hoom Namah
- 18) 18 mukhi
- a. Ruling God – Bhumi Devi
 - b. Ruling Planet – Earth
 - c. Beeja Mantra – Om Hreem Shreem Vasudhaye Swaha
- 19) 19 mukhi
- a. Ruling God – Lord Narayana
 - b. Ruling Planet – Mercury
 - c. Beeja Mantra – Om Vam Vishnave Sheershayane Swaha
- 20) 20 mukhi
- a. Ruling God – Brahma
 - b. Ruling Planet – Earth
 - c. Beeja Mantra – Rudrarupaye Kalpante Namastubhyam Trimurtaye
- 21) 21 mukhi
- a. Ruling God – Kubera
 - b. Ruling Planet – Earth
 - c. Beeja Mantra – Om Yakshaya Kuberaya Vaishnavanaya Dhan, Dhanyadhipataye, Dhan Dhanya Srimidhim mein Dapya Dapya Swaha

It is also a kind of shield against negative energies. It is possible for some people to use negative energies to cause harm to someone else. It is also a kind of shield against negative energies. It is possible for some people to use negative energies to cause harm to someone else. This is a whole science by itself. One Veda, the Atharvana Veda, is all about how to use energies to your advantage and to someone else's detriment. If somebody who has mastery over this wants to use it, so many things – extreme suffering and even death can be caused.

A rudraksha is a kind of shield against this. You may think nobody will do negative things to you, but it is not necessary that it should be targeted at you. Let us say somebody did it to the person sitting next you, but he is not receptive to it. Now you may get it because you are sitting next to him. It is just like when two people are shooting at each other on the street, they do not intend to shoot you, but you may get shot. Similarly, these things also can happen. It is not intended for you, but it can happen if you are in the wrong place at the wrong moment. There need not be a huge fear about such things, but a mala is a kind of protection from that.



Shiva Shambo
 Om Nama Siva Ya Om
 Help Ever Hurt Never
 Service to Society is Service to Almighty
 Master Ir. Sivabalan - Temple Trustee
 1st Feb 2020