

1st Episode – Benefits of lighting Deepam

Hindusim is a way of life and every Hindu practice various different prayers, offerings as part and parcel of culture which has been there for thousands of years.

Having said that, each activities or offerings we do has a significant meaning attached to it, whether we realise it or not. In this very 1st episode towards consecration of Maha Kumbaabishegam of Panching Gua Charas Jalalingeswarar Shivan temple, with good intentions and thoughts for all devotees, following write-up was undertaken.

Before we dive into the aspect we want to share, lets understand what is “consecration”. Consecration is a live process. If you can make this flesh or even a stone or an empty space into a divine possibility, that is called consecration. Topic of 1st episode: Lighting Deepam in-front of Gua Charas - Jalalingeswarar Temple.

First of there is significant meaning of triangle shaped with 5 levels. Triangle represents our mind and soul should be directed to one final goal - self-realisation.

“Brahma vid Brahmaiva Bhavathi” – The knower of Atma becomes the Atma itself – Self Realization.

Each level represents the followings:

F - Fear

E - Ego

A - Anger

G - Greed

I - Impatience

It is the very intention that, each devotee to eliminate these qualities and reverberate energies towards to the ultimate divine of Lord Shiva – Rudra. Before we move any further, each devotee needs to understand that time and space is not two different aspect. In our culture this is referred as Kala means Time, Darkness or Emptiness.

Mahakala is a dimension of Shiva, or that which is not. Here is why the three are described in one word. Right now, your understanding and experience of Time is limited to how it manifests on the physical plane, which is cyclical. From a single atom to the large cosmos, everything is in cyclical movements. We light up Deepam to understand this very basic truth and let seek understanding inwards. It is also said when we light up Deepam we request ourselves to get rid of our bad qualities.

Now let's look at different types of Deepams, as follows:

1 - Traditional vilakkus or lamps have five faces; that is, they are lit with five wicks. Each wick represents the five elements, the panchabhootas - earth, water, fire, sky and air. It is also believed that the five wicks represent happiness, health, wealth, landed property and progeny.

2 - The lamps can be of iron that is said to eradicate the navagraha dosham. Brass increases wealth. Earthen lamps enhance knowledge and memory. Silver brings health, wealth and happiness. Silver kills germs. So, silver Deepam cleans the environment.

Now let's understand the benefits of lighting lamps with different oils and wicks(thiri):

1 - Cow's ghee - Ensures radiance and Heavenly bliss, prosperity, health and happiness. Ghee - Wealth, Health and Happiness. Most beneficial. Emits highly powerful energy.

2 - Gingely oil/Sesame oil - Removes unforeseen dangers, inauspicious events. Good for skin. Ensures removal of obstacles and evil effects that haunt you.

3 - Castor oil - Fame, Happy family life, and to gain Spiritual intellect

4 -Vegetable oil deepams release good energy in the environment. So, it makes us peaceful

Directions to be followed for placing/lit lamps:

1 - North - Gives Success in all ventures undertaken. Most preferable direction to place and light a lamp. You will be blessed with 8 kinds of wealth or Ashta-ishwaryas. Ensures success in everything you do.

2 - East - Blesses good health and peace of mind

3 - West - It will free you from debts and ensure victory over negative forces

4 - South - Never place and light a lamp in the south. It will bring inauspicious events

Not lets look at number of Cotton Wicks to be used

1 - Single wick (Eka Mukha Deepam) is normal/medium benefit

2 - Two wicks (Dwimuka deepam) brings harmony and peace in the family and relatives

3 - Three wicks (Trimukha Deepam) Blesses with progeny

4 - Four wicks (Chathurmukha deepam) brings allround prosperity and Sumptous food

5 - Five wicks (Panchamukha deepam) showers akhanda aishwaryam (Wealth)

6 - Six wicks (Shanmukha deepam) blesses with Akhanda Gyana (Knowledge) & Vairagyam (Renunciation)

Let's see the benefits of different wicks as follows;

1 -Cotton Wick Thiri - Most common and available - Get good fortune

2- Lotus Stem wick Tamarai thande thiri - Remove previous birth karma and attain prosperous in life and bring happiness

3 - Red cotton cloth - remove marriage obstacles and child related problem

4 - Yellow cotton cloth - Get blessing of God Parvathy Ma

5 - Banana Stem fiber wick Vallai maram thande thiri - Forgiveness for mistake and cure ancestor curses. Monnurgal Sabham neegum

6 - Rose water wick - Use white cotton cloth deep in rose water and dry it and use it as thiri wick. Get God Mahalakshmi Ma blessing, attraction and peaceful life

We hope each devotee understands and appreciates this wonderful science within our traditions and attain our ultimate aim or purpose of this life.

Shiva Shambo

Om Nama Siva Ya Om

Help Ever Hurt Never

Service to Society is Service to Almighty

Master Ir. Sivabalan - Temple Trustee

27th Dec 2019